



Class Schedule - 2021

Age Group	Day	Time	Coach
Tinies (Ages 4–7)	Thursday	4:15 – 5:00pm	Miss Jess and Miss Remy
Sub-Juniors (Ages 8-10)	Monday	4:30pm – 7:00pm	Miss Jess and Miss Remy
Juniors (Ages 11–13)	Thursday	5:00 – 7:30pm	Miss Jess
Inters (Ages 14-17)	Friday and Saturday	Separate schedule	Miss Jess
Adults (18+)	Monday	7:00 – 8:00pm	Miss Jess